



September 2010



Lunch Menu

Mon	Tue	Wed	Thu	Fri
6	7 <i>First Day of School</i> Hot dog w/ a bun Chips Broccoli & Cauliflower With dip Watermelon Milk	8 Hamburger on a bun Lettuce-cheese-pickles French Fries Veggies / dip Apple Sauce Cookie milk	9 Spaghetti w/meat sauce Texas Toast Tossed Salad Peaches Cantaloupe Milk	10 Tuna or Egg salad Sandwich French Fries Carrots w/dip Fresh Fruit Milk
13 Pizza Tossed Salad Pineapple Cake Milk	14 Corn Dogs Chips /w cheese Cucumbers Pears Milk <i>Choice: corn dog or a chicken ceaser wrap grades 6-12</i>	15 Sub Sandwich Tator tots Carrots w/dip Fresh melon Milk	16 Whipped Potatoes Turkey Gravy Rolls Corn Jell-O w/ fruit String Cheese milk	17 Fish Patty on a bun French Fries Broccoli w/dip Grapes Milk
20 Chicken Nuggets Bread Stick Rice pilaf Peas Shape up Bars milk	21 Sloppy Joe Tator tots Tossed Salad Bananas Milk <i>Choice: sloppy Joe or a turkey wrap grades 6-12</i>	22 Tomato Soup Toasted Cheese sandwich Carrots w/ dip Pears Milk	23 Chicken Taco Bar Cheese-lettuce-tomatoes-olives-salsa- Flour tortillas Cucumbers Mandarin Oranges milk	24 Ham sandwich Chips Veggies w/dip Watermelon Milk
27 Homecoming Straw Hats Tossed Salad Apples Cookie Milk	28 Homecoming Burritos Mexi-Rice Corn Peaches Milk	29 Homecoming Chicken patty on a bun Lettuce-cheese-pickles Jo Jo's Strawberries Milk	30 Homecoming Hamburger stroganoff Rolls Green beans Fresh Fruit Milk	Please remember Menus are subject to change

CIVIL RIGHTS DISCLAIMER: In the operation of the child feeding programs no child will be discriminated against because of race, sex, color, national origin, age or disability.